



Earth and Sky Living: Student Information

The following information will help guide me in structuring my classes. Thank you!

Name: _____ Date: _____

E-mail: _____ Phone: _____

Address: _____

Yoga experience: _____

What do you want to get out of the class? _____

Please describe any chronic or acute physical/emotional conditions. **At the heart of yoga is honoring and respecting your own body, mind and spirit. I don't pretend to treat any conditions, just do my best to help guide you in your healing process.**

Is there anything else you would like me to know? _____

We are the connection between Earth and Sky!

Please keep this portion.

Instructor's contact information:

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